



Mary Lou Valentine

April 5, 1935 - September 29, 2018

No obituary found for this tribute.

Tribute Wall



“ *Mary Lou you were a beautiful soul, you will be missed dearly. I always enjoyed seeing you and talking with you. Heaven gained a Beautiful Angel. May God Bless you and your loved ones forever.* ”

Le Ann Taylor - October 05, 2018 at 07:10 PM



“*Mary Lou Valentine, born 4-5-1935 was taken peacefully by our Lord on Saturday, September 29th.*

A service will be held at the Peshastin Cemetery on Monday, October 8th at 1pm.

In lieu of flowers, donations may be made to The Light in the Valley Church in honor of her faithful life not only dedicated to her Lord but also her family, her friends and the community.

"Blessed are the pure in heart; for they shall see God." Mathew 5:8

Mary Lou was born in Seattle and adopted at age six by George and May Cowan when she began her life residence in Peshastin. Following high school graduation in 1953, she attended Westmont College in California; returning home to marry Author Harold Valentine and begin her 15 year career at the Leavenworth Hospital where her kind and generous personality made a perfect fit working as a nurses aid. Mary Lou began her next career venture at the Peshastin Post Office when a postage stamp cost only .05 cents. Through her 43 years of service at the post office, she became so much more to those in the community than the "postal clerk." She was a smiling face, a helping hand, an attentive ear, a wonderful mother, grandmother, friend and mentor who will be greatly missed.

In addition to many years of hard work, Mary Lou always made time for her family, especially her two Grandchildren. Whether it be babysitting at a moment's notice or attending sporting events as their biggest cheerleader. In her personal time she enjoyed many activities such as actively starting the Children's Home Society which was near and dear to her heart, attending local community events such as the annual ice cream social, boating and fishing at Lake Chelan, holiday baking, and local shopping, but nothing surpassed her love for gardening. Whether it be in her own yard, the post office's flower bed, the churches' planters or arranging a beautiful bouquet for a friend; she always had a flower in hand.

Her beautiful life will forever be cherished by those she is survived

by; her only child, Janeen Delzer, two grandchildren, Sesalie and Maverick Delzer. One great grandson, Keenan Delzer, one brother, Todd Cowan, many nieces and nephews and a wonderful son in law, Kevin Delzer.

Honorary Paul Bearers: Robby Dennis, Kevin Delzer, Maverick Delzer, Jason James, Dave Yonaka, Steve Cowan, Robert Cowan, and David Burnett.

The family would like to especially thank the compassionate care and support from the staff at the Regency Rehabilitation and Nursing Center.

October 02, 2018 at 04:56 PM